



A guide to tick control  
and mosquito removal

## Description

# Ticks can spread serious diseases such as Lyme disease, Rocky Mountain spotted fever and babesiosis

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Ticks are tiny insects that can spread serious diseases such as Lyme disease, Rocky Mountain spotted fever and babesiosis. Because ticks are not visible to the naked eye, it's important to use preventative methods to prevent them from attaching to your body and spreading their disease-causing germs into your bloodstream.

Use these tips from Terrace Proper's tick control experts to effectively prevent and remove ticks from your skin without harmful chemicals or poisons.

## 1. Wear Clothing That Functions as a Tick Repellent

Wear clothing that is light and breathable and that will keep you cool during warmer weather. According to an article published by the University of New Mexico, light-coloured clothing that has a number of tiny holes and is made from tightly woven fabrics will repel ticks.

## 2. Avoid Tick-Infested Areas

If you have to walk through wooded areas or tall grasses, try to stay on the drier parts of these types of terrain. Avoid areas with abundant vegetation because ticks prefer humid environments, such as forests and bushy areas. [Mosquito barrier treatment](#) will help you to control and remove ticks.

## 3. Apply Tick Repellent to your Skin



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Repellent is the most effective way to prevent ticks from attaching to you, but it's important not to use too much. In fact, applying even just one-half of a standard-size tube of repellent can cause a serious **allergic reaction**. It is recommended that you apply repellent only on areas that are known to be tick-infested, such as your ankles and wrists.

#### 4. Limit Contact with Wild Animals

Tick infestation is most common during the warmer months. Wild animals are more likely to carry ticks than in the wintertime, so it is important to limit contact with wild animals as well. It's also important to avoid being near areas that attract deer and other wild animals in order to reduce your risk of exposure.

#### 5. Apply a Tick-Reducing Rub Oil to your Skin

Many natural oils and essential oils can be used to make your skin less attractive to ticks by repelling them away from you or killing them after they have attached themselves to your skin. Blackberry oil is good for repelling, while lavender oil works as a tick-killing agent. Use a mixture of 1/3 cup of these oils and a 1/2 cup of water to make a tick-reducing rub. Apply the mixture to your skin, paying special attention to areas known to attract ticks, such as your ankles and wrists.

#### How To Control Mosquitoes:

- Keep your residence clean: Do not let any water accumulate inside or outside your home as mosquitoes thrive in stagnant water.
- Eliminate mosquito breeding grounds: Eliminate all the possible breeding sites of the mosquitoes by removing unused containers, watering cans, buckets, etc.
- Use mosquito nets: Mosquito nets can be used to cover your bed and thus prevent mosquito bites, especially at night. You can also use a repellent containing DEET (diethyltoluamide) if you are going out in areas which are infested with mosquitoes or any other insects that bite. DEET does not kill them, but it keeps them at bay and prevents bites on exposed areas of your skin.
- Use mosquito repellent: Zinc oxide, diethyltoluamide(DEET), and lemon eucalyptus are substances used to repel mosquitoes.
- Use citronella candles: Citronella candles can be used as they not only repel mosquitoes but also emit a pleasing fragrance. Regular mosquito coils can be bought in the market or you can make your own homemade coils using dried eucalyptus leaves and any other fragrant herbs that you might find suitable for this purpose.
- Wear anti mosquito garments: There are some good clothes available in the market today that claim to keep mosquitoes away from the wearer.

Using a pest control professional is the best way to get rid of mosquitoes. If you kill the adults, you decrease the possibility of new mosquitoes being hatched.



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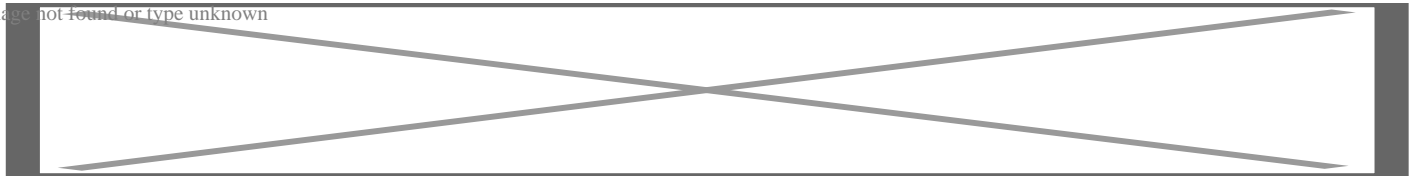
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