

Westmount Here & There  
August 12, 2022

## Description

# A look at events happening in and around Westmount

## Summer Group Exhibition



The Gallery at Victoria Hall, 4626 Sherbrooke W, is pleased to exhibit the works of **ten Westmount artists** – Karin Austin, Catherine Benny, Philippe Commier, Peggy Curran, Marie-Élaine Cusson, Ann Elsdon, Shelley Freeman, Sam Kasirer-Smibert, Eliane Rivard and Pamela Stewart – as part of its summer group exhibition until August 19.

*Image: Andrew Burlone*

## Summer Concerts 2022





at 2 pm at Westmount Park near the lagoon. Enjoy jazz, classical and popular music in Westmount Park – bring your chair or blanket!

**August 14 – Macka Jazz (reggae-jazz)**

**August 21 – Noteworthy (folk)**

In case of rain, concerts will be cancelled.

Information: 514 989-5226 or [abaker@westmount.org](mailto:abaker@westmount.org)



On

**Sunday, August 28** at 2 pm in Victoria Hall, 4626 Sherbrooke W, the **Let's Talk Opera! series** presents a friendly and dynamic introduction to the Verdi opera **Il Trovatore**.

Hosted by musicologist **Pierre Vachon**, in the presence of singers and a pianist, Let's Talk Opera! dives deep into the heart of the work in 60 minutes to discuss the history, music, voices, cultural context, composer, style, etc., and offers musical excerpts by opera singers. In collaboration with l'Opéra de Montréal.

Register on [Eventbrite](https://www.eventbrite.com)

Information: 514 989-5226 or [abaker@westmount.org](mailto:abaker@westmount.org)

*Image: courtesy of Opéra de Montréal*



## Activities at Contactivity



## Contactivity Centre

, 4695 de Maisonneuve W, is a non-profit community centre that provides a welcoming, caring and safe place for autonomous seniors 60+, where a sense of community and social engagement can be fostered. The centre hosts various courses and interest groups that encompass the mind, body and soul.

**Online courses and activities are now available.** For more information visit [contactivitycentre.org](http://contactivitycentre.org)

*Image: courtesy of Contactivity Centre*

## Centre Greene activities



Image: courtesy of Centre Greene

**Centre Greene**, 1090 Greene, is host to a **wide variety of activities for young and old**, including a Caregiver's Tea, Themed Activity Nights, Drop-in Daycare, After School Program, Kids' Kitchen, Tumbling Tots Playgroup, Seniors' Lunches, and more!



City

## of Westmount events

The City of Westmount offers a variety of events and activities for adults and children of all ages. Please consult the city's [events calendar](#) for more information.

## Events at Westmount Public Library



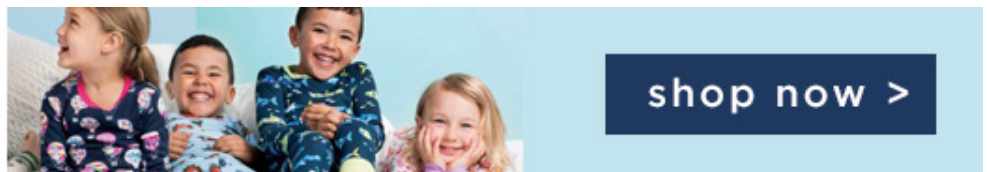
4574 Sherbrooke W, Westmount

Library staff are pleased to welcome all visitors back to a safe environment in which to browse and check out items. Staff will also be there to make/renew memberships and handle your requests and questions.

More information at [westlibcat.org](http://westlibcat.org)

*Image: Andrew Burlone*

Hatley



**And over at the Atwater Library...**



1200 Atwater, Westmount  
Information at 514 935-7344.

Image: Frédéric Ryan – Instagram (@feddomtl)

Come visit the computer centre, library stacks and reading room weekdays from 10 am to 6 pm. Mask wearing is no longer compulsory but is encouraged. The staff are still wearing masks.

The staff are always pleased to provide information and help by phone and email.

**eBooks and digital audiobooks:** The Library has increased [its selection of digital books](#) for your reading and listening pleasure. For information and help: 514 935-7344 or [ebooks@atwaterlibrary.ca](mailto:ebooks@atwaterlibrary.ca)

---

## SERVICES BY PHONE, EMAIL AND INTERNET

Atwater Library staff are continuing to provide help and information by phone and email at 514 935-7344 (weekdays from 9 am to 5 pm) and at [info@atwaterlibrary.ca](mailto:info@atwaterlibrary.ca)

Follow the Library on [Facebook](#)

Image not found or type unknown



## DIGITAL LITERACY SERIES AND FREE HELP

**Monday, August 15** from 1 pm to 3 pm

**Via Zoom ONLY: Connect Project Weekly Internet Peer Café** – Join **Fran Vargas** for a discussion about using computers, tablets and smartphones. Stay for 20 minutes or the full two hours for sharing, learning and socializing. **Register** and get the Zoom link, [here](#).

**Thursday, August 25** from 1 pm to 3 pm

**In Person ONLY: Tech Hub** – Got a question about using your device? The Library's team of tech-savvy staff and volunteers will be in the air-conditioned Adair Auditorium (accessible by elevator) to give you some quick help for free: first come, first served. Demonstrations and resources aimed at improving digital literacy skills will be provided. Bring your own device or use one of the Library's tablets or laptops. Attendees are required to wear a mask. **No need to register**. For more info: [connect@atwaterlibrary.ca](mailto:connect@atwaterlibrary.ca)



---

**Questions about your computer or device?** Email [connect@atwaterlibrary.ca](mailto:connect@atwaterlibrary.ca) or phone 514 935-7344 daytime during the week. With funding from the Government of Canada.

---

## YOUTUBE VIDEO SERIES

During the Spring of 2020, the Connect Project team made a series of YouTube videos to help people be in touch, informed and inspired through digital technology.

**[Episode 1 – Introduction](#)**: be in touch, informed and inspired through digital technology.

**[Episode 2 – eBooks and audiobooks](#)**: get started enjoying books on your device — phone, tablet or computer. With step-by-step instructions for borrowing eBooks and audiobooks from the Atwater Library.

### **[Episode 3 – Podcasts](#)**

How to begin enjoying a wealth of free recorded radio programs and other online audio material. Included is info about popular and recommended podcasts.

### **[Episode 4: Filing Your Income Tax Return Online](#)**

### **[Episode 5: Zoom Video Conferencing](#)**

Step-by-step instructions for taking part in online meetings and events using Zoom. With a “cheat sheet” guide to buttons and functions.

### **[Episode 6: Digital Discussions Lecture Series](#)**

A brief intro with links to presenters’ slideshows and a guide to YouTube buttons and functions.

### **[Episode 7: Online Ordering for Delivery](#)**

A guide with helpful information and local examples.

Image not found or type unknown

## FINANCIAL LITERACY PROGRAM

**Wednesday, August 24** from 2 pm to 3:30 pm

**Via Zoom ONLY: Old Age Security and Other Service Canada Programs – Natasha Pétrin**, Citizen Services Specialist, Service Canada, conducts an information session on Old Age Security (OAS), Guaranteed Income Supplement, OAS Allowance for spouses and common-law partners, issues for immigrant seniors, issues for caregivers, and more. Q&A. Get helpful guidance and have your questions answered. To **register** and get the Zoom link: [lverge@atwaterlibrary.ca](mailto:lverge@atwaterlibrary.ca)

**Wednesday, August 31** from 2 pm to 3:30 pm

**Via Zoom ONLY: Managing Your Digital Assets – Nancy Cleman**, Ad.E. gives an information session on access to online banking and reports, privacy protection, and identity theft prevention. With Q&A. Get helpful guidance and have your questions answered. To **register** and get the Zoom link: [lverge@atwaterlibrary.ca](mailto:lverge@atwaterlibrary.ca)

## YOUTUBE VIDEO SERIES

### **Nutrition on a Budget**

**[Video](#) – *Eat well on a budget***



(50 minutes) with **Jaimie Yue**, Registered Dietitian. You can [sign up for her newsletter](#) and receive a **free eBook** with recipes.

### Personal Finances in Times of Crisis

[Video](#) (20 minutes) with **Michel Gariépy**, analyst with Autorité des marchés financiers (AMF). He gives tips for saving money and shares the [AMF Budget Sheet](#) and [Balance Sheet](#) forms.

### RRIF (Registered Retirement Income Fund)

[Video](#) (29 minutes) with Certified Financial Planner **Lynn Bennett**.

### Budgeting Basics 2: Protect Your Money and Online Resources

[Video](#) (35 minutes) with computer instructor **Liz Perrin**. She discusses online consumer resources and gives pointers for guarding against scams and fraud.

### Budgeting Basics

[Video](#) (33 minutes) with computer instructor **Liz Perrin** on the importance of a budget, even in difficult times, and the three steps to creating one: planning, making and reviewing. Examples of free online budgeting tools are included.

### Fraud prevention

#### COVID-19: Watch Out For Financial Fraud!

[Video](#) (25 minutes) with **Michel Gariépy**, analyst with Autorité des marchés financiers (AMF).

### Info on Wills

[Video](#) (25 minutes) with **Ann Soden**, Ad. E., Elder Law Lawyer and mediator, and **Anna Kamateros**, notary, in conversation with Financial Literacy Program Coordinator, **Natalie Domingue**. Includes information on how people can write their own “holograph will” while physically isolating, with pointers for minimizing the risk of challenges after death.

Click to access [Éducaloi's detailed guide on Wills](#).

The Atwater Library Financial Literacy Program is funded by [Canadian Heritage](#).

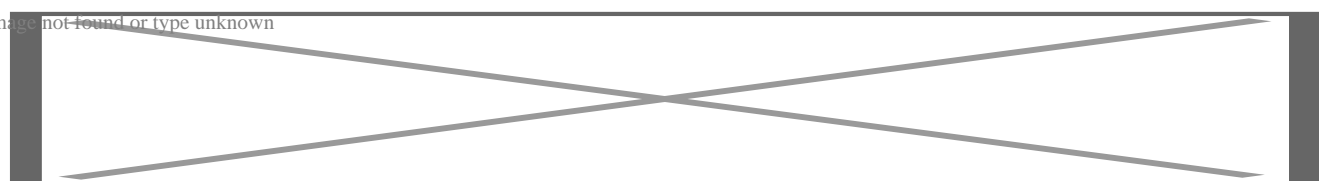


Feature image: Andrew Burlone

Sign-up to our newsletter  
and get email notification  
of our most recent articles

**Sign up**

Image not found or type unknown





### Category

1. Community Events
2. Westmount

### Tags

1. Atwater Library
2. Centre Greene
3. Contactivity Centre
4. Gallery at Victoria Hall
5. Shakespeare in the Park
6. Westmount Library

### Date Created

August 2022