



Vibrate all summer long to the gardens' rhythm!

Description

Les Jardins Gamelin are back for their 5th season until Sunday, September 29, 2019

With a unique and inviting atmosphere and a large terrasse perfect for casual get-togethers, Les Jardins Gamelin is a great place to enjoy the summer to the fullest with family and friends.

There are 16 different activity series in Les Jardins Gamelin, day and night, every day of the week: dance, concerts, urban agriculture workshops, history workshops, many genres of music, and plenty of fun activities.

Early birds will enjoy starting their day with outdoor group **meditation** and **yoga** sessions. Many workers spend their lunch break on the Jardins' large terrasse, with its charming musical ambiance, including Wednesday DJ sessions with **Tupi Collective**. The city's cosmopolitan heart is on full display all week with the music series **Ce soir on danse**, **Midis jazz** and **Mmm / Montréal musique du monde**.

The space is also an excellent spot for a light meal, made from fresh local ingredients by Dominic St-Laurent and his team. This year's menu includes several vegan options, Happy Hour specials and children's menus, all available daily until closing.

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History buffs will appreciate **BAnQ sort de ses murs**, a series of workshops exploring Montreal's heritage, particularly the rich history of Place Émilie-Gamelin and adjacent neighbourhoods. In the evening, take a musical trip to the hot Caribbean with the **Apéros Criollo** series, or sing along to the hits of your youth with the **Étais-tu né?** series. Once again this year, the brave of heart will take the mic during **karaoke** night, every Monday. Everyone who loves to dance has plenty to look forward to this season, with the **Bals de l'été** on Wednesdays, live music and DJs at the **Ce soir on danse** series every Friday, and the **Soirées Salsafolies** on Saturdays.

Sunday is undoubtedly a favourite time for families to come out for some fun and fresh air. Like last season, the **Matinées familiales avec Petits Bonheurs** feature activities and shows for kids of all ages. Board games and trivia night with Randolph are also returning, to everyone's delight, with the **T'as de beaux jeux** series.

Sentier Urbain's garden tours, workshops and lectures on urban agriculture and environmental issues are more relevant than ever. Whether you're an experienced gardener or an absolute beginner, don't miss these free activities. Thanks to this 100% green project with a strong social component, it has never been easier to commune with nature in the heart of the city.

With a 100%-Montreal, 100%-free program with animation, creative workshops for kids, shows and fun, healthy activities, you can come back every day of the week for a dose of culture and entertainment without ever getting bored. For proof, here's a quick look at the season's weekly activities and events:



Photo : © Bruno Destombes, Elias Touil

Monday

Show off your pipes at karaoke night.

Tuesday



Apéro Criollo transports you with sunny Afro-Caribbean beats. BAnQ sort de ses murs invites you to history and heritage workshops.

Wednesday

Enjoy the urban oasis that is Les Jardins with a morning outdoor yoga session. Always wanted to learn to dance? Check out the bals de l'été!



Photo : © Laurie-Anne Tuot

Thursday

Mmm / Montréal, musique du monde, at lunchtime and after work, be transported by Montreal artists who embody the city's diversity with festive sounds from around the globe.

Friday

Ce soir, on danse! Get up and shake it with fun, festive music from some great DJs and live pop, indie, hip-hop and reggae groups.

Saturday

The ever-popular Salsafolie evenings invite you to surrender to the pleasures of Latin dances: salsa, bachata, mambo, reggaeton.

Sunday

Kids are front and centre, with workshops and shows during the family mornings presented by Petits bonheurs. Get the whole family together for an introduction to urban agriculture with morning workshops organized by Sentier Urbain, then spend the afternoon playing your favourite games at the Club de jeux Randolph.



Photo : © Elias Touil, Laurie-Anne Tuot

FULL PROGRAMMING TO BE ANNOUNCED SOON

Get all the latest by subscribing to [Les Jardins Gamelin's weekly newsletter](#), and by liking the Jardins Gamelin [Facebook](#) page.

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LES JARDINS GAMELIN



May 30 to September 29, 2019
Place Émile Gamelin, Quartier des spectacles
Open daily until 11 p.m.

All activities are free

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Images: Quartier des Spectacles

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Montreal's cultural heart, the **Quartier des spectacles** offers the largest concentration and diversity of cultural venues in North America. It is animated all year round by a large number of festivals and events, which include a large amount of free outdoor programming.

Hatley



Category

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