



Tango dancing with
Mireille and friends

Description

Presenting a new episode of the web series for seniors **We're All In This Together**

August 12, 2021

We're All In This Together has been extended to October! The production team is very excited to be able to bring seniors a few more episodes of the web-series and hope they are enjoying what has been produced so far!

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Join in for **Tango Dancing with Mireille & Friends** on **Friday, August 13** at 6 pm! From the origins of tango culture and health benefits to the rhythmic walking of a social Milonga, instructor **Mireille Painchaud** of **Studio Tango Montréal** demystifies the intriguing world of tango. She also presents a window into her private lesson with Anne and Neal, who share a heartwarming love story about how tango transformed their relationship and brings great joy to their daily lives! To watch a promotional clip of this next episode, click [here](#).

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We're All In This Together is a collaboration between the English Language Arts Network and Seniors Action Quebec, and a community initiative to reach Quebec's English-speaking seniors. This one-of-a-kind web-series has been designed by seniors, especially for seniors. Each bi-weekly episode of the 18-episode web series, directed by Montreal-based award-winning filmmaker **Bobbi Jo Hart**, features entertainment, activities and conversations designed to connect with those in need of support and empathy with a gentle reminder that we are, indeed, all in this together.

Episodes released so far can easily be found on the **We're All In This Together** [YouTube channel](#) and [Facebook page](#)



and are available for anyone to enjoy.

This is also a great opportunity to take a moment to assure that the seniors around you can access the Internet so that they can take advantage of all the online resources available to them

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Feature image: *Bobbi Jo Hart*

Read also: [other articles about We're All in This Together](#)



Seniors Action Quebec works to maintain and enhance the vitality of English-speaking Quebec seniors. All efforts will identify and address challenges and issues to promote a healthy and active lifestyle for English-speaking seniors.



The **English Language Arts Network (ELAN)** is a meeting place for English-language artists and cultural workers of all disciplines from every region of Quebec, where they can share expertise and resources, build audiences and alliances, seek support, advocate for their interests, and make common cause with the Francophone arts community.



Category

1. Cinema
2. Health | Wellness

Tags



1. Mireille Painchaud
2. seniors
3. tango dancing
4. We're All In This Together
5. web series

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