



An outdoor playland
at Parc Jean-Drapeau!

Description

This winter, there are alternatives to remaining inactive, confined and depressed!

It is with great enthusiasm that the [Société du parc Jean-Drapeau](#) (SPJD) has unveiled the broad outlines of its new winter offer, which will run until March 7, 2021. An offer accessible to all, located on a unique playground in the middle of the St. Lawrence River and with easy access by metro.

Thanks to the financial participation of the Government of Québec, the Société du parc Jean-Drapeau is enhancing its winter offer and allowing users to take full advantage of the joys of winter in the city. This winter, even if the pandemic forced the cancellation of the 2021 edition of the Montréal Snow Festival, there's no question of remaining overcrowded!

Keep active, even in winter

Whether you are a sliding enthusiast or a cross-country skier, cyclist, climber, hiker or simply a nature lover, Parc Jean-Drapeau will be well prepared to accommodate everyone this winter. Of course, it will still require the collaboration of Mother Nature to stage some of the activities but, fortunately, the forecast is for a mild and snowy winter!

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Visitors are invited to make their way to **Espace 67**, where a refrigerated rink and open-sliding area will be set up. People of all ages can bring their skates and sleds so they can spend an enjoyable time as a family, along with getting a great view of the city's downtown area. A musical ambiance will be livening up the site through the collaboration of Radio-Canada, which is part of the Parc's winter program. So, head on over to the **Patinoire Radio-Canada OHdio!**



Lace up your skates and then roam around as you listen to the sounds and ambiance of the relaxing musical lists of the Radio-Canada OHdio app that's been specially designed just for you.



Two traditional cross-country ski trails will be laid out and maintained to enable cross-country ski enthusiasts to practice their sport. A trail for introductory cross-country skiers will be set up at Espace 67 on Île Sainte-Hélène and a second trail, over a distance of five kilometres, will be laid out on Île Notre-Dame. Free introductory lessons will also be offered by Ski de fond Montréal, in compliance with the health and safety measures in effect this winter.

Fans of the growingly popular Fat bike will be able to go on twisty trails, into the underbrush and on plenty of inclines on the Mont Boullé trails of île Sainte-Hélène. And Parc Jean-Drapeau's rock-climbing wall will be turned into a veritable ice wall, where climbers can meet the challenge of their favourite sport.

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Parc Jean-Drapeau will also be making equipment rental available to visitors (skates, cross-country skis, Fat bike, snowshoes, etc.) which will be free for people under the age of 18.

Appreciating nature

The Société du parc Jean-Drapeau urges visitors to practice the seven principles of the [Leave No Trace](#) program for conducting sustainable and responsible outdoor activities to preserve natural heritage and minimize the impact on the environment.

While Parc Jean-Drapeau's hiking trails are open every day of the year, hikers will be able to come and stretch their legs on a trail that is almost two kilometres long, bordered by signs that provide an explanation about the public art works and heritage buildings. If you like, you can go snowshoeing on the playground flatlands and wooded trails surrounding Mont Boullé, where you can learn more about the history of Île Sainte-Hélène thanks to the



explanatory signage developed in collaboration with the *Stewart Museum*.



Bird-watching enthusiasts are invited to come and admire the chickadees, nuthatches, woodpeckers and other birds that make their home in the Parc. In collaboration with the [QuébecOiseaux](#) organization, bird feeders will be set up in the woods near the Aquatic Complex to make it easier for people to birdwatch.

The Société du parc Jean-Drapeau prepared to welcome visitors by undertaking concrete action plans to comply with health and safety measures pertaining to a pandemic.

Images courtesy of Société du parc Jean-Drapeau

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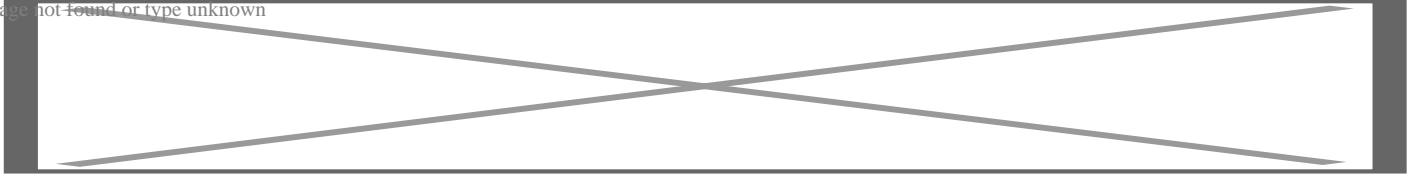
Other articles on the [outdoors](#)

About the Société du parc Jean-Drapeau



Parc Jean-Drapeau offers a wealth of recreational-tourist attractions that make it a one-of-a-kind place in Canada. Easily accessible by subway, use of public transportation to get to the Parc is strongly recommended to make your trip an even more enjoyable experience. For complete details about activities at Parc Jean-Drapeau, please go to parcjeandrapeau.com or follow us on social media @parcjeandrapeau.

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1. Event | Activity
2. Outdoors

Tags

1. climbing
2. cross-country ski
3. cycling
4. Espace 67
5. Fat bike
6. hiking
7. Leave No Trace
8. Parc Jean-Drapeau
9. Patinoire Radio-Canada OHdio!
10. patins
11. QuébecOiseaux
12. raquettes
13. skating
14. snowshoeing
15. Société du parc Jean-Drapeau
16. Stewart Museum

Date Created

December 2020