



## Gazpacho Fresca

### Description

## The quintessential summer soup

Recipe and photos by **Josee Brisson**

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Were I asked to name my favourite summer soup, I would undoubtedly describe the gazpacho. Fragrant with raw vegetables, spicy and healthy, gazpacho soup is like summer in a glass. And as soon as the days get longer and warmer, I start longing for this Spanish delight.

Originating in Andalusia, in the south of Spain, gazpacho is commonly served throughout Spain and Portugal during the sweltering summer months.

... as I serve it unstrained, it is a rustic, red and green mixture of pure summer freshness.

Modern Andalusian gazpacho is typically made with raw tomatoes, cucumber, bell pepper, onion and garlic, stale bread, olive oil, salt, wine vinegar and water. All the ingredients are coarsely chopped and then blended together, traditionally using a mortar and pestle. Usually strained through a mesh sieve, the result is a smooth and refreshing pinkish soup

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My easy version of gazpacho is similar to the Andalusian

one, but it is made exclusively with fresh, unpeeled vegetables. And as I serve it unstrained, it is a rustic, red and green mixture of pure summer freshness.

The wine I chose is the salmon pink **Coto de Hayas**, from Bodegas Aragonesas, served very cold. This Spanish rosé is fruity and medium-bodied. As it is both floral and dry, it stands up very well to the vegetable spiciness of this succulent gazpacho.

Have a fabulous summer!

## Gazpacho Fresca



One 19 oz. (540 ml) can of tomato juice, refrigerated for a

minimum of 2 hours  
3 small vine tomatoes  
1 small green pepper  
1 small red pepper  
Half a small red onion  
Half an English cucumber  
Half a small jalapeño pepper (to taste)  
A handful of coriander leaves  
1 small garlic clove  
1 small lime, scrubbed and patted dry  
French grey sea salt  
Freshly ground black pepper  
A splash of Sherry vinegar  
A dash of your favourite hot sauce

### For serving

1 small lime, scrubbed, patted dry and quartered  
Brie cheese, at room temperature  
Fresh baguette

Place four serving glasses in the freezer.

Roughly chop all the vegetables and the coriander leaves, and place everything in the jar of a blender. With a Microplane or a fine grater, zest the lime and grate the garlic clove into the jar. Add the juice from the lime and season with salt and pepper. Add three-quarters of the cold tomato juice, and purée. Add the remaining tomato juice and a splash of Sherry vinegar and a dash or two of hot sauce. Pulse 2-3 times to blend. Adjust the



seasoning to taste and place the gazpacho in the refrigerator for a minimum of 2 to 3 hours.

Just before serving, mix the gazpacho with a ladle, remove the serving glasses from the freezer and fill them with the soup.

Serve the gazpacho with the quartered lime, room temperature Brie and slices of fresh baguette.

¡Buen provecho!

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**Josee Brisson** is a culinary creator passionate about archaeology, mythology, history, literature, and the arts. She trained as a professional cook at *École Hôtelière des Laurentides*, in Sainte-Adèle, Québec. Among other food projects, she collaborated on two cookbooks with world-renowned food and wine expert François Chartier, and offered a Chef at Home service. Josee is also a translator, researcher and social media community manager.

Her cookbook, **L'Apéro: Appetizers & Cocktails**, was **#1 Best Seller** in Appetizer Cooking at Amazon. Here's the link to [Josee's book](#).



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1. Article | Food | Drink
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1. appetizers
2. cooking
3. Coto de Hayas
4. Easy recipes
5. Fresh food
6. Gazpacho Fresca
7. josee Brisson
8. Summer

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