



Mount Royal,
a mountain of summer fun

Description

Les amis de la montagne launches its summer activity calendar

Contributed by **Les amis de la montagne**

Looking for some close-to-home summer activities for the whole family? Look no farther than **Mount Royal Park**, literally a stone's throw from Westmount. From June to October, **Les amis de la montagne** invites you and your family to enjoy a wide range of recreational activities designed to highlight the mountain in all its beauty. These summer activities appeal to all ages and tastes, running the gamut from remote controlled sailboat races and guided tours, to a photowalk and classical concerts.

Take a look at these nine suggestions from their summer program:



1. Row across Beaver Lake and race remote controlled sailboats

This summer, **enjoy the charms of Beaver Lake in a rowboat or with a remote controlled sailboat**. New this year, come test your sailing skills during friendly **remote controlled sailboat races** on Sundays, July 9, August 6 and 20, and September 3. Rental fees apply.

2. Discover a new kind of happy hour

On specific Thursday evenings throughout the summer, from 5:30 to 7:30 pm, Les amis offers **short guided walks to discover one of the three summits** crowning the Mount Royal territory – Westmount, Outremont and the new Tiohtià:ke Otsira'kéhne park, and Mount Royal Summits. Participants can end the evening with a bite and a drink at the Beaver Lake Pavilion. The next walking tour is scheduled for Friday, July 28. The cost is \$14 per person.

3. Attend a classical music concert at the Mount Royal Chalet

During the **Musical Sundays at the Mount Royal Chalet**, once a month until October, music lovers and Mount Royal visitors are invited to attend **free concerts** to discover the passion and virtuosity of Montreal's most promising young musicians. After each concert, a **guided tour of the Chalet** is offered in French or English. The next concert takes place on Sunday, July 9 at 3 pm with **Northern Beauty** – Jean-François Bélanger (nyckelharpa, tenorharpa, kontrabasharpa, Hardanger violin), Elizabeth Giroux (cello) and Simon Marion (guitar).



4. Enjoy the view from Au Sommet Place Ville Marie Observatory and Mount Royal

Partnering up with **Au Sommet Place Ville Marie**, Les amis de la montagne invites participants to experience Montreal in a whole new way by joining a one-of-a-kind excursion **From One Summit to Another**. Throughout this guided tour, participants learn about the city's history and environment, while getting the chance to visit two of Montreal's iconic sites. The next walking tour takes place Saturday, July 29. The cost is \$22 per person.

5. Take part in a photo competition and win great prizes

Until October 9, 2017, Mount Royal visitors can participate in **Les Amis' photo competition *La montagne en images***, which aims to capture the richness of Mount Royal through photography. Prizes include a two-night stay at the Montreal Sheraton Centre and two nights in a Hekipia or Huttopia tent in a SÉPAQ park.

6. Take a one-day hike to discover the history of the mountain and the city

To celebrate **Montréal's 375th anniversary**, Les amis de la montagne revisit their **Three Summits of Mount Royal** and **From the Mountain to the River walking tours**. Offered at various dates during the summer, these treks are a great way to admire the views and learn more about the history of the city and the mountain. The next walking tour takes place on Sunday, July 9. The cost is \$20 per person.



7. Volunteer some time for the environmental conservation of the mountain

Every Saturday until October 28, from 10 am to noon, citizens aged 12 years and over are invited to help protect Mount Royal's natural habitats by participating in **conservation activities**. This is a great way to meet other nature enthusiasts or to get teenagers involved in the environment. Free.

8. Learn how to take beautiful pictures with a professional

Photography and mountain enthusiasts are invited to join a **photowalk** on Saturday, September 23. Participants hone their technical skills and explore the fauna of the Mount Royal Cemetery and Outremont Summit with wildlife photographer **Jean-Guy Morisset**. The cost is \$20 per person.

9. Learn about Mount Royal's remarkable history on a guided tour

On Thursdays and Saturdays, from July 13 to October 22, this guided tour takes you along the most beautiful



paths and must-see sites in Mount Royal Park as you **walk from the Kondiaronk Lookout up to the Mount Royal Cross**. This is the perfect chance to find out ab

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prehistoric times to today. The cost is \$10 per person. To

learn more about Les amis de la montagne activities during the summer and fall or to register, visit [! emontroyal.qc.ca/en/activities](http://emontroyal.qc.ca/en/activities)

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Date Created

June 2017